

## **Professional Disclosure Statement**

**Slade Thackeray**

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### **Philosophy and Approach to Career and Education Advising**

Career and education advising is for personal exploration and goal completion. As an advisor, my job is to meet the client where they are and then work with them to determine obtainable goals for growth. My approach is based on person centered techniques influenced by solution focused and cognitive behavioral principles -- in short, if you have a goal, I'm here to help you achieve it. I work primarily with youth and young adults ages 14 to 30. I provide individual and group sessions.

### **Formal Education and Training**

2020-2021. Doctoral courses in Mind, Brain, and Teaching, Johns Hopkins University

2017 Master of Arts, Clinical Mental Health Counseling, George Fox University

Courses Included:

Human Growth & Development

Spirituality

Human Sexuality

Couple & Family Therapy

Psychopathology & Appraisal

Addictions

Cultural Foundations & Social Justice

Lifestyle & Career Development.

2014 Bachelor of Arts, English Writing, Western Oregon University

### **Benefits and Risks**

Advising often involves challenging inner work. This work can cause emotional and relational distress at times. However, investing in this kind of work over time often yields great benefits to thinking, feeling, and relationships.

**Insurance & Fee Schedule**

Fees are due at the time of service. Cancellations less than 24 hours are charged at cost of the session. Advising is not covered by insurance. If you are unable to pay the standard fee, please discuss your need with me and we will come to an agreeable fee.

**Fees**

Intake Session \$150.00

Individuals: \$85.00 (50 minute session)

Individual Telehealth: \$75.00 (50 minute session)

Couples: \$175.00 (90 minute session)

Emergencies: If you are experiencing a mental health emergency, please dial 911.